



BELFAST
CITY
AIRPORT

2026 / 2027

Programme Overview

Leading & Developing from the Inside Out

Why should you apply?

6 reasons to apply for the IGNITE programme!

01 Gain an NLP diploma

in personal and career development

01

02 Meet new peers

and like-minded people your age, inspire and learn from each other

02

03 Unlock your FULL potential

by learning from your new peers and the programme

03

04 Enhance your skillset

by improving your communication and interpersonal skills.

04

05 Unique opportunities

to collaborate with business, charities and more

05

06 Become a Leader

by the end of the programme, you will have the skills and confidence to become a leader in any capacity!

06



Programme Structure

September: **Knowing Me, Knowing You**

Location: The Pavilion, Stormont

October: **Leading with Information or Inspiration?**

Location: The Pavilion, Stormont

November: **IGNITE Residential (TBC)**

Location: TBC

December: **Play with Purpose**

Event: Belfast Giants Trip Location: SSE Arena

January: **Is Your Heart in It?**

Location: The Pavilion, Stormont

February: **Having Dreams Greater Than Your Fears**

Special Guest: Chris Cook Location: The Pavilion, Stormont

March: **Ritualise to Actualise**

Speaker: Colin Lauder, Lauder Solutions Location: The Pavilion, Stormont

June: **Graduation Celebration**



Session 1

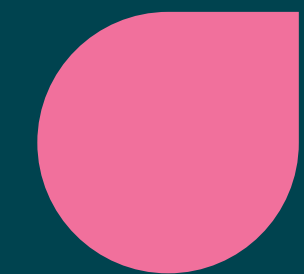
Knowing Me, Knowing You

September

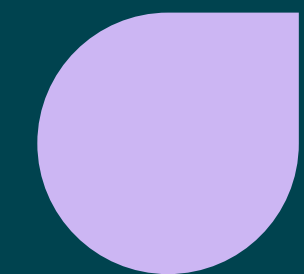
In this session, you'll meet your new peers and kick off the programme together. Our goal during this session, is to help you gain a deeper understanding of yourself and those around you.



Objective: Gain a deeper understanding of yourself and others



Assessments of how we communicate, our personality types, and values

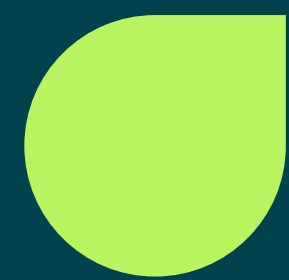


Team building activities

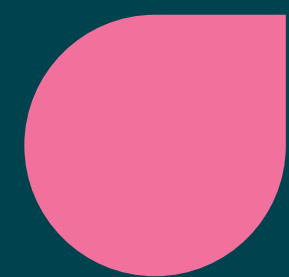
Leading with Information or Inspiration?

October

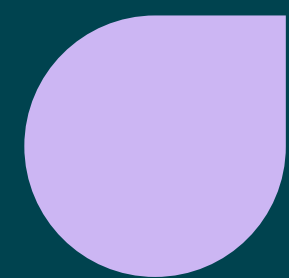
In this session, you'll learn how to share authentic personal stories that inspire others. You'll also listen to others' stories and find your own inspiration from them.



Objective: Learn how to share authentic personal stories that inspire others around you



Listen to others' stories and be inspired



Practical examples

Session 2

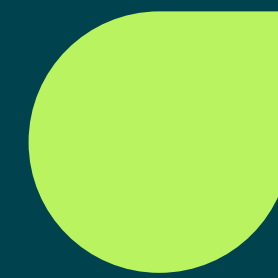


Session 3

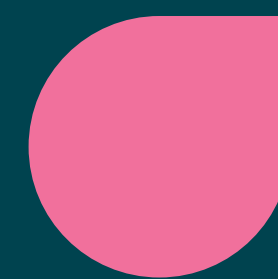
Nowhere or Nowhere?

November

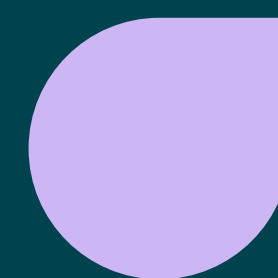
In this session, you will dive into practical exercises, bond with your peers, and truly get to know each other. This session is focused on the functions of the mind and how they serve you.



Objective: Understanding the functions of the mind and how they serve you



Practical exercises on conscious and unconscious behaviour

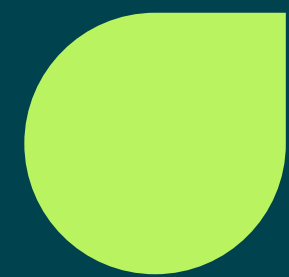


An opportunity to connect, learn, and grow together

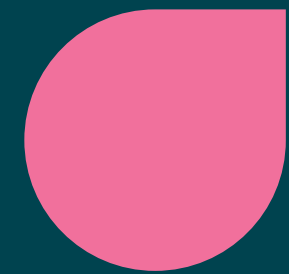
Play with Purpose

December

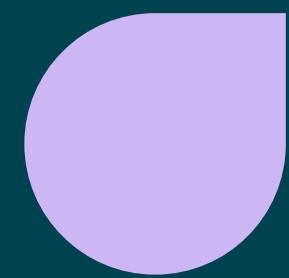
We're off to the Belfast Giants for an epic experience! You'll meet the key coaches who mentor and train the players. You'll get to see how dedication and enthusiasm lead to success, both on and off the ice.



Objective: To understand what it takes to be a leader driven by passion

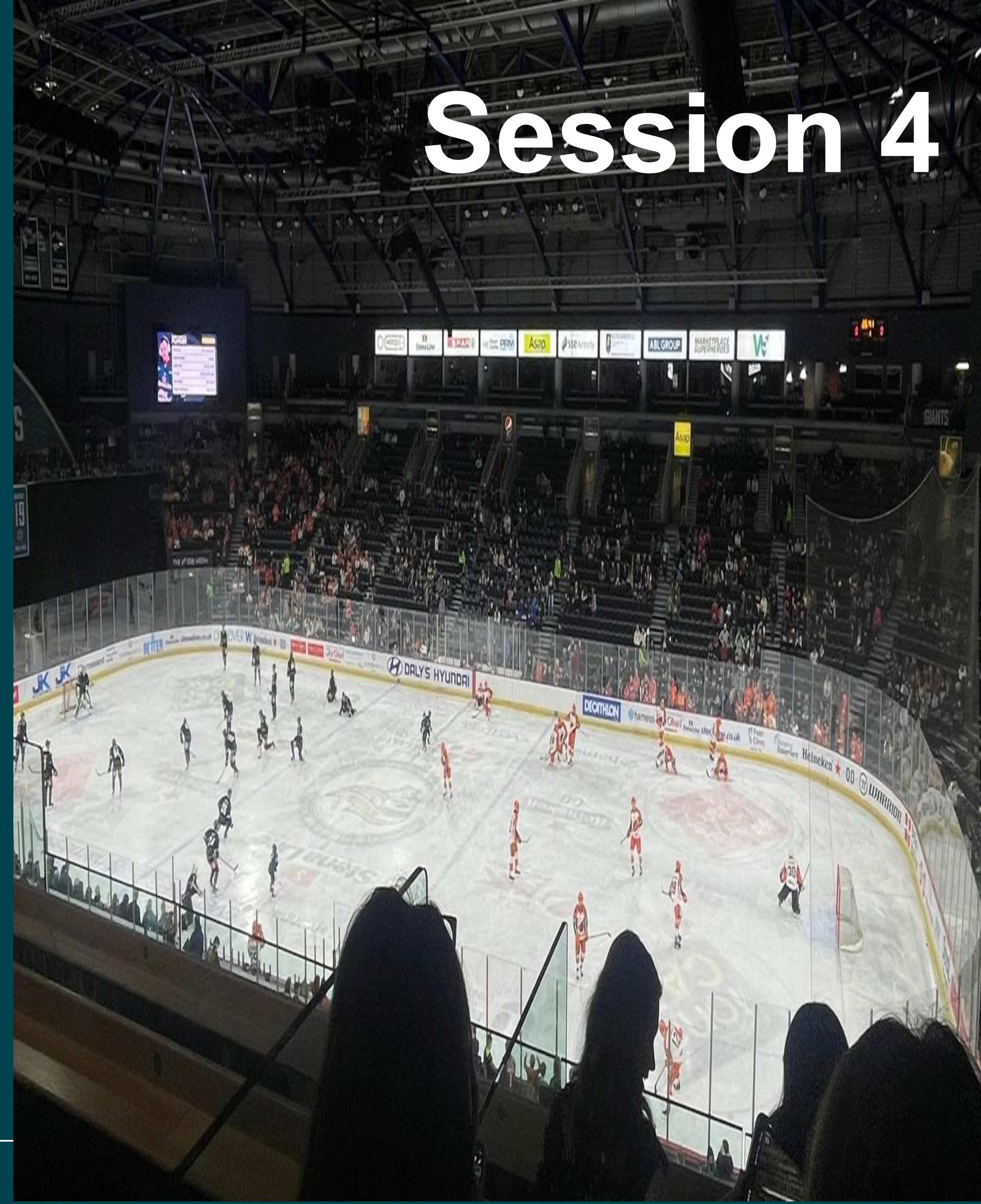


Seeing others passion firsthand



Connect with your peers

Session 4



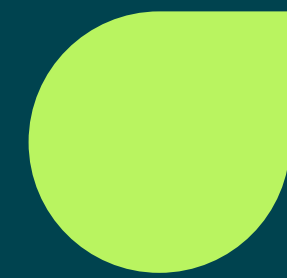
Session 5



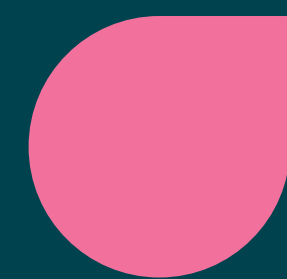
Is your heart in it?

January

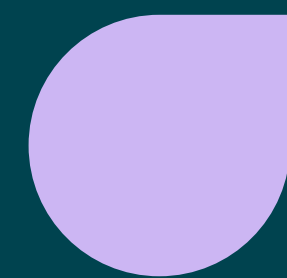
Kickstart the new year with IGNITE! In this session, we'll focus on your lifestyle, exploring your physical and emotional wellbeing, and helping you understand yourself better.



Objective: Learning how your lifestyle impacts your physical and emotional health



Physical health and emotional wellbeing exercises, learning anchoring techniques and vision board planning

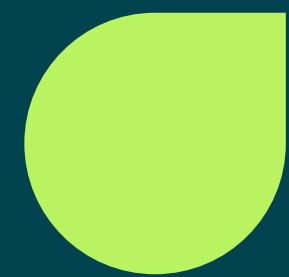


Gain resilience building techniques

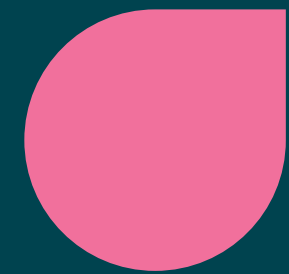
Having Dreams that are greater than your fears

February

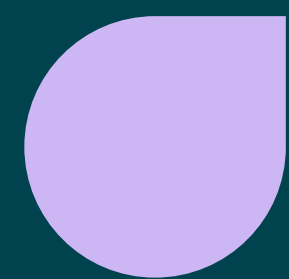
In this session, we'll hear from our world-class inspirational speaker, Double Olympian Chris Cook! He'll share his journey to success, from humble beginnings, to experiences around the world, to the challenges he faced head-on.



Objective: Learning how to deal with setbacks



Learn how to develop resilience



Realise your ambitions and dreams

Session 6

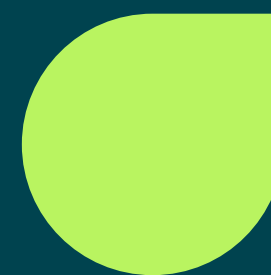


Session 7

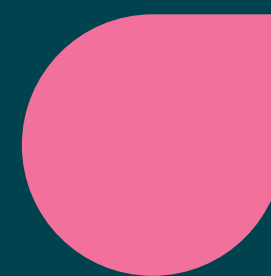
Ritualise to Actualise - Every expert was once a beginner!

March

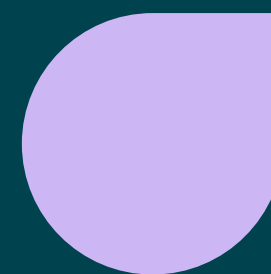
In our final session, we'll focus on applying all the skills and techniques you've learned throughout the programme. We'll also cover essential employability skills and welcome money management experts to help us better understand our relationship with money and finance.



Objective: Apply what you have learnt to present yourself and how to prepare for your onward journey



Reflect on your experience on the programme



Prepare for the graduation ceremony

Graduation Time!

After all your hard work throughout the programme, you'll enjoy a graduation ceremony that celebrates your achievements and those of your peers. Graduates will be presented with their NLP diploma certificates and have the chance to reflect on their experiences in the IGNITE programme.



June

Apply Now!

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